

DIABETES CARE PLAN

MANAGEMENT OF HYPOGLYCEMIA (LOW BLOOD GLUCOSE) under _____ mg/dl	
<p>Usual signs/symptoms for this student</p> <ul style="list-style-type: none"> • Hunger • Rapid heartbeat • Clamminess/sweating • Slurred speech • Weakness/shakiness • Tiredness/sleepiness • Paleness • Personality change • Seizure • Dizziness/staggering 	<p>TREAT if glucose is < _____ with symptoms, or < _____ without symptoms if the student is alert and able to swallow. (If blood glucose is < 50, DOUBLE the amount of carbohydrates below).</p> <p>Give 15 grams of fast-acting carbohydrates such as:</p> <ul style="list-style-type: none"> • 4 oz. Juice or regular soda, or • 3-4 glucose tablets, or • Concentrated gel or tube of cake frosting, or • 8 oz. milk, or • Other _____ <p>• Retest blood glucose 15 minutes after treatment</p> <p>• Repeat treatment if necessary until glucose is > 80</p> <p>• If more than 1 hour until next meal/snack, or if going to activity, follow treatment with snack of _____</p>
! MEDICAL EMERGENCY !	
<p>If student is unconscious or having a seizure, presume the student is having a low blood glucose reaction. Call 911 immediately and notify parents.</p> <ul style="list-style-type: none"> • Glucagon 1/2 mg or 1 mg (circle desired dose) should be given by trained personnel. • Glucose gel 1 tube can be administered slowly inside cheek and massaged from outside if unable to give glucagon. <p>Following glucagon injection, student should be turned on his/her side and maintained in the "recovery" position till fully awake.</p>	
Glucagon kept where?	
School personnel trained to give glucagon:	
Additional comments:	
SUPPLIES TO BE FURNISHED AND RESTOCKED BY PARENT/GUARDIAN WHEN DEPLETED	
<ul style="list-style-type: none"> • Blood glucose meter/strips/lancets/lancing device • Ketone testing strips • Fast- acting carbohydrates/snacks • Carbohydrate free beverages 	<ul style="list-style-type: none"> • Insulin vial/syringes • Insulin pen/pen needles/cartridges • Oral medications for diabetes • Glucagon Emergency Kit
STATEMENT OF RESPONSIBILITY	
<p>Parents/Guardians are responsible to keep an adequate supply of the appropriate items listed above which are needed for this student in a designated school location. Parents/guardians are responsible to provide current information on how to be contacted if necessary due to the student's medical needs, and if they are unavailable, a designated, knowledgeable person shall be available to be contacted. Parents/guardians are responsible to notify school personnel of any and all changes in their child's diabetes care plan. Parents/guardians understand that pertinent health information may be provided to appropriate school staff and the school nurse may consult with this student's health care provider.</p> <p>School Personnel are responsible to notify parent/guardian of any required treatment for low and/or high blood sugars on the date of occurrence. The parent/guardian will be notified when supplies need replenishment. The method of notification will be discussed and agreed upon by school personnel and parent/guardian at the beginning of the school year.</p>	
REVIEWED AND SIGNED BY	
Health Care Provider	Date
Parent/Guardian	Date
Student	Date
School Nurse	Date